

INNOSHIMA ~ YUMESHIMA

Come & Ride on!!

CYCLING MAP



Ooyama Shrine

Shimanami Kaido is the cycling road that connects Onomichi to Imabari over 70kms long. Not only seasoned cyclists but also beginners have been attracted by the varieties routes. Innoshima has the only shrine for bicycles called "Ooyama jinja" and more than 10,000 cyclists visit every year.

This map will help you on your wonderful adventure through the abundant nature and comfortable weather in Seto Inland Sea of Yumeshima Kaido. It includes the four islands; Iwagijima, Ikinajima, Sashima and Yugejima. Why not come ride?

ITM Tourist Service ☎0845-22-8888
 Innoshima Chamber of Commerce and Industry .. ☎0845-22-2211
 Innoshima Tourism Association ☎0845-26-6111
 Ooyama shrine ☎0845-23-6000



Ikinajima bridge



Innoshima Tourism Association

Innoshima Gourmet Map
(Chamber of commerce)

Public Transport
(ship, bus, train)

Kamijima Tourism Association

Innoshima Yumeshima Cycling Route Promotion Site (Chamber of commerce)

Start-up Gateway

The only bicycle shrine Ooyama shrine

It is known as the only shrine that can be prayed for the safety of your bicycle trip in Japan.

Gateway

Innoshima General branch

Innoshima Amenity Park

Free boarding ticket for bicycle of Kamijima ferry
Free Bicycle Ticket Present!!
 * (You can) get one on board or at Ooyama shrine



Heiwa Taxi

Taxi with carrier making your Shimanami trip comfortable and your baggage can be sent anywhere you want.

OP 6:00~25:30 (Sun. 25:00)
Addr 1980-1, Innoshima Nakanosho-cho
☎ 0845-24-2121

Restaurant Mitsubachi

We have a variety of hearty Japanese lunches. We hope to see you soon.

OP 10:30~22:00 (L.O 21:30) CL Monday
Addr 2234-3, Innoshima Shigei-cho
☎ 0845-25-1388

Nagomidokoro Hassaku

Fresh sashimi lunches are popular. We also have many seafood meals, rice bowls & single dishes.

OP 11:30~14:30/17:00~21:00 CL Mon・3rd Sun.
Addr 1897-37, Shiohama-minami, Innoshima Habu-cho
☎ 0845-22-2310

Hakko Park

You can learn about fermentation, enjoy our café, shop for natural foods, & relax with a foot bath at our seaside deck.

OP 10:00~17:00 CL Wednesday
Addr 5800-95, Innoshima Shigei-cho
☎ 0120-85-1589

Nautique Shiroyama

Have a relaxing time with our meals filled with seafood or seasonal ingredients in Setouchi.

IN 15:00~22:00 OUT ~11:00
Addr 2254-6, Innoshima Habu-cho
☎ 0845-26-0046

Shima de Café

Cozy café near the Yuge port, serving meals with healthy fresh vegetables picked on Yuge island every morning.

OP 9:30~17:30 CL Tuesday
Addr 830-1, Shimoyuge, Yuge, Kamijima-cho, Ehime
☎ 0897-77-2232

Ishiki Shouten

The fish burger and takoyaki are so popular!

OP 9:00~18:00 CL Sunday
Addr 1897-6, Innoshima Habu-cho
☎ 0845-22-0115

café&dining Papermoon

Café & Restaurant in a renovated house by Aso Ito, a local business woman.

OP 11:00~15:00/17:30~22:00
CL Tuesday ☎ 0845-22-5858
Addr 1905, Innoshima Habu-cho

Yuhnagitei

Natural soup teuchi-udon, set menu, one dish

OP 11:00~14:00/17:00~21:00
CL Monday
Addr 1899-80, Innoshima Habu-cho

Pizza Café Tsubasa

Pizza baked in a lava stone oven plus original pasta, pudding & parfaits.

OP 11:00~15:00/17:00~22:00
CL Irregular ☎ 0845-22-7511
Addr 1899-76, Innoshima Habu-cho

Guest House Masumiso

Easy Access to Ikuchijima and great for cycling.

IN 16:00~20:00 OUT ~10:00
Addr 4479-2, Innoshima Takuma-cho
☎ 0845-22-2821

Chinese Seikaen

Newly renovated Check our account ▶

OP 11:30~22:00 CL Thursday
Addr 2089-1, Innoshima Habu-cho
☎ 0845-22-6862

Wi-Fi Cycle support Cashless apps
CREDIT Multilingual support Parking
OP Open CL Close Addr Address ☎ Telephone Number
IN Check in OUT Check out

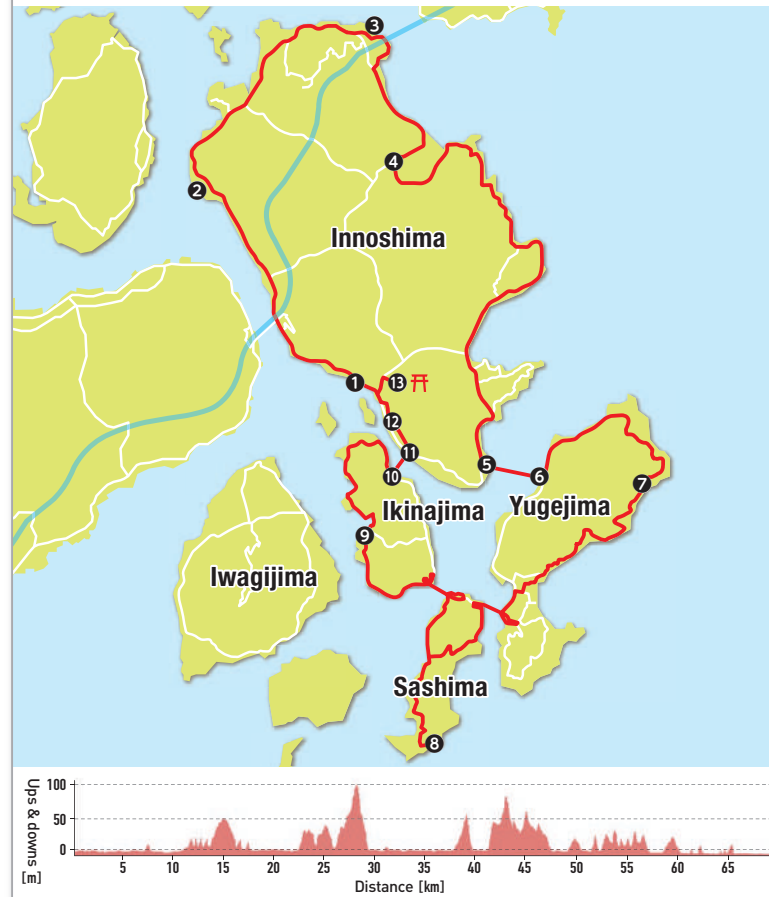
Innoshima・Yumeshima Kaido route

Recommended



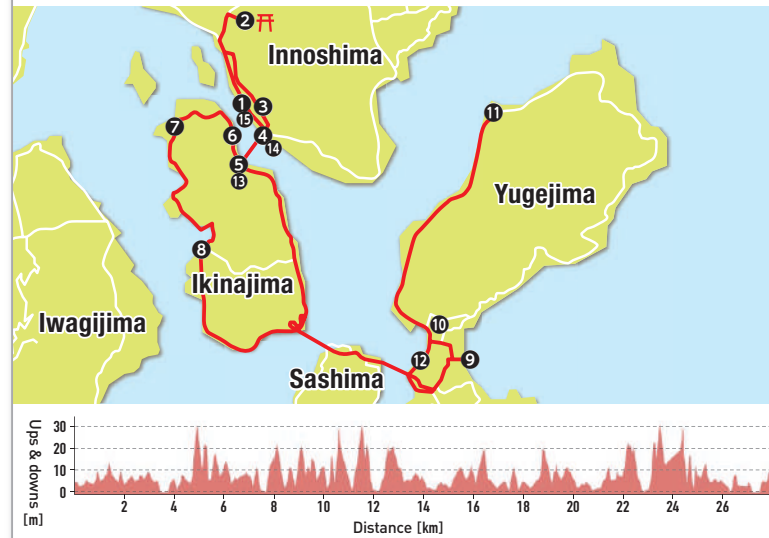
After reading the QR code, You can be displayed for each course when you tap the “因島・ゆめしま海道モデルコース” at the bottom of the page.

A for intermediates / advanced riders (63km) Around Innoshima & Yumeshima



START ① Innoshima General branch — ② Hakko Park (6km) — ③ Hassaku-ya (11km) — ④ Suigun SkyLine Pass (16km) — ⑤ Karouto Port (29km) — [Yugejima] ⑥ Kamiyuge Port — ⑦ Otani View Point (35km) — [Sashima] ⑧ U-turn BlueLine (47km) — ⑨ Iwagi Bridge (56km) — [Ikinajima] ⑩ Tateishi Port (60km) — [Innoshima] ⑪ Nagasaki Pier — ⑫ Retro street (61km) — **GOAL** ⑬ Ooyama shrine (62km) — Innoshima General branch (63km)

B for beginners / women (28km) Around Retro street & Yumeshima



START ① Innoshima Tourism Association — ② Ooyama shrine (1km) — ③ Retro street (2km) — ④ Nagasaki Pier (3km) — [Ikinajima] ⑤ Tateishi Port — ⑥ Sanshuen (4km) — ⑦ Hamada Campsite (5km) — ⑧ Iwagi Bridge (8km) — [Yugejima] ⑨ Hōhōgahara (Matsubara) (14km) — ⑩ Yuge Sea Station (15km) — ⑪ Takahama shrine (18km) — ⑫ Shima-de-Café (21km) — [Ikinajima] ⑬ Tateishi Port (27km) — [Innoshima] ⑭ Nagasaki Pier — **GOAL** ⑮ Innoshima T. A. (28km)

C 2 day trip (117km) Innoshima & 5 islands hopping

DAY 1 (46km)
START ① Innoshima Tourism Association — ② Ooyama shrine (1.5km) — ③ Hakko Park (7.6km) — ④ Pyrethrum View (10.5km) — ⑤ Hassaku-ya (15km) — ⑥ Shirataki FlowerLine (15.5km) — ⑦ Mt. Shirataki & Gohyakurakan (18km) — ⑧ Suigun castle (26.5km) — ⑨ Suigun SkyLine (29km) — ⑩ Mukunoura Pass (35km) — ⑪ Jizo-bana (Fort site) (38.5km) — ⑫ Orikono-hama beach (42km) — **GOAL** ⑬ Innoshima Tourism Association (46km)



DAY 2 (71km)
START ① Innoshima Tourism Association — ② Ikuchi Bridge (3.6km) — [Ikuchijima] ③ Sunoe Port (9.3km) — [Iwagijima] ④ Okogi Port — ⑤ Iwagi dockyard (10.5km) — ⑥ Mt. Sekizen (12km) — ⑦ Mt. Sekizen Parking (16km) — ⑧ Iwagi Port (25km) — ⑨ Iwagi Bridge (27km) — ⑩ Nagae Port — [Innoshima] ⑪ Habu Port — ⑫ Retro street (32km) — ⑬ Nagasaki Pier — [Ikinajima] ⑭ Tateishi Port — ⑮ Hamada beach — ⑯ Iwagi Bridge (37.3km) — [Sashima] ⑰ U-turn BlueLine (45.3km) — ⑱ Yuge Bridge (50.4km) — [Yugejima] ⑲ Hōhōgahara (51.3km) — ⑳ Kamiyuge — ㉑ Otani — ㉒ [Sashima] — [Ikinajima] ㉓ Tateishi Port (70km) — [Innoshima] ㉔ Nagasaki Pier — **GOAL** ㉕ Innoshima Tourism Association (71km)

Ooyama shrine

The oldest in Innoshima, the only bicycle shrine in Japan & also famous as the God of ears and architecture.

OP 9:00~17:00
Addr 1424-2, Innoshima Habu-cho
☎ 0845-23-6000

Hassaku-ya

Daifuku with Hassaku citrus originated in Innoshima. You'll be surprised by the sweet flavor that bursts in your mouth!

OP 8:30~17:00 CL Monday, Tuesday
Addr 246-1, Innoshima Ohama-cho
☎ 0845-24-0715

Hotel Innoshima

We can't wait to serve you fresh seafood from Seto Inland and let you enjoy the view from the hill of the castle ruins.

IN 15:00~ OUT ~10:00
Addr 288, Innoshima Habu-cho
☎ 0845-22-4661

Hotel Miyajima

2 minute walk from Habu Port, the closest to the peaceful sea of Setouchi, just fit for sightseeing and cycling.

IN 16:00~ OUT ~10:00
Addr 2562-1, Innoshima Habu-cho
☎ 0845-22-1450

Miyaji Corporation

Producing stainless steel cycle racks, as well as motor ships, & pipings for high-pressure boilers.

OP 8:00~17:00 CL Sunday
Addr 5800-72, Innoshima Shigei-cho
☎ 0845-24-0292

Iwagi Yoshimasa

Try their popular Iwagi ramen or rice bowl topped with green lemon fed Iwagi pork.

OP 11:00~13:30/17:00~22:00
CL Monday Addr 1540, Iwagi, Kamijima-cho, Ehime
☎ 0120-37-4403

Hassaku Matsuura

Try daifuku with seasonal fresh fruit and citrus in it!

OP 8:30~17:00
CL Wednesday, Thursday
Addr 4862-10, Innoshima Takuma-cho
☎ 0845-23-7087

Murakami Law Office

The law experts here are ready to serve you.

OP 9:00~17:00
on Monday to Friday
Addr 1762-28, Innoshima Habu-cho
☎ 0845-22-5634

Liquor Yoshitoku-ya

We have a variety of sake and liquor.

OP 9:00~19:00 CL Sunday
Addr 1897-1, Innoshima Habu-cho
☎ 0845-22-0216

Udon Ishimi

Noodle & Rice bowl restaurant with a daily special & lunch menu.

OP 11:00~14:00/17:00~22:00
CL Wednesday
Addr 1816-1, Innoshima Habu-cho
☎ 0845-22-1307

Okonomiyaki Mikan no Hana

Hiroshima style, Kansai style & Udon set are recommended.

OP 11:30~14:00/17:00~21:00
Addr 1460-2, Innoshima Habu-cho
CL Tue., 3rd Wed. ☎ 0845-22-9211

Kashihara Motors

We can deal with bicycle troubles while cycling.

OP 8:00~19:00 CL Sunday
Addr 43-2, Innoshima Nakanosho
☎ 0845-24-0046

Onishiya

We have a large assortment of goods for cycling.

Addr 1424-2, Innoshima Habu-cho
☎ 0845-22-0827

yakitori Minato

founded 70 years ago. Enjoy Yakitori, sake and liquor.

OP 17:00~22:30 CL Sunday
Addr 2111, Innoshima Habu-cho
☎ 0845-22-7772